

Philosophy

"The Intent of the Center is that people shall have human contact when they need it and for no other reason than that they need it". Hans Hoffman, Co-founder

Mission

The Southern California Counseling Center has been providing the people of Southern California with high-quality, affordable counseling services since 1966. With a small paid staff—supported by a cadre of dedicated marriage and family therapy interns, paraprofessional counselors, volunteer licensed professional MFT supervisors and board members—the Counseling Center continues to offer low-cost counseling to those who could not otherwise access mental health services.

It is the mission of the Southern California Counseling Center to provide psychological counseling to those of limited income, to develop and maintain programs and services that respond to the ever-changing psychological needs of our multicultural community, and to provide exceptional counselor training within a supportive environment.

Programs and Services

- The Abuse Prevention Program
- School-based Counseling in collaboration with LAUSD Healthy Start Coordinators
- Individual & Group Therapy for Children, Youth, Families and Couples
- Marriage and Family Therapy Training
- Supervision Training
- Outreach Services:
 - ⇒ Rage Resolution Groups
 - ⇒ Teen Violence Prevention Group
 - ⇒ Gang Awareness Training (GATE)
 - ⇒ Community Counselor Certificate Course
 - ⇒ Berendo/Prevention initiative Project in collaboration with Children's Institute, Inc.
 - ⇒ Project Fatherhood in collaboration with Children's Institute, Inc

Mailing Label

Southern California Counseling Center
5615 West Pico Boulevard
Los Angeles, CA 90019



RAGE RESOLUTION

Southern California Counseling Center

**Caring for our diverse community
with affordable mental health
counseling programs and
services since 1966!**

Southern California Counseling Center
5615 West Pico Boulevard
Los Angeles, CA 90019
Telephone: 323.937.1344
Facsimile: 323.937.3487



RAGE RESOLUTION and Violence Recovery Group

OUTREACH SERVICES

Our community-focused programs make visible what was invisible and give voice to that which was voiceless. We have learned as a society that incarceration, punishment and shame have little or no effect on recidivism. The dehumanization of youth and the criminalization of culture have created violence in response to institutionalized violence. At Outreach, we attempt in a small way to level out hierarchy and alleviate oppression wherever possible, even to questioning our own system of providing services when it becomes less than welcoming.

Marianne Diaz,
Director of Outreach Services



The Rage Resolution/Violence Recovery Group:

This weekly drop-in group provides a space for adults impacted by violence in the community either as alleged perpetrators or survivors of violence to speak about their feelings of frustration, invisibility and marginalization. We believe that the opportunity to speak about the hurt and pain they have experienced with the support of counselors is an emotional release valve that supports nonviolent responses when they return to their families and communities. In cultures where pain is seen as weakness and seeking help as shameful, the Rage Resolution Group removes bureaucratic obstacles and the barriers often implicit in the culture of therapy for people who may have been ordered to it by the same system that oppresses them daily. When therapy is not a choice but a mandate, Outreach Services meets people where they are, validates their personal and cultural experience, and provides them with a place to make the pain known.

FEES

Our clients must be referred to us after they have had an intake to make sure we are the best suited to provide what is required or what you are seeking.

Mandated Clients:

INTAKE: \$20.00

Sessions: \$15.00

Self Referred Clients:

INTAKE: \$15.00

Sessions: \$10.00

RAGE RESOLUTION

Southern California Counseling Center
5615 West Pico Boulevard
Los Angeles, CA 90019
Telephone: 323.937.1344

For information about RAGE Resolution
Contact:
Marianne Diaz, Director of Outreach Services
Extension: 211
mdiaz@sccc-la.org